



# **WOMEN'S BASIC AWARENESS & SELF-DEFENSE SEMINAR**

**Cost is FREE!**

**Saturday, March 16, 2024**

**8:00 AM – 12:00 PM**

**Franklin Police Department**

**9455 West Loomis Road**

**Franklin, WI 53132**

**See below application/waiver form for complete details. Applications must be submitted to PO Wallace by March 8, 2024.**

**Class capacity is 18 students.**



# Franklin Police Department Basic Danger Awareness and Self Defense Seminar Application

CLASS WILL BE HELD AT THE FRANKLIN POLICE DEPARTMENT, 9455 W. LOOMIS RD, FRANKLIN, WI.

<b>Date of Seminar: March 16, 2024 – 8:00 a.m. – 12:00 p.m.</b>
<b>Application is required and due by: March 8, 2024</b>
Name:
Date of Birth:
Address:
Phone Number:

*Participants will be asked to participate in a portion of this seminar which has a physical self-defense component. Participation in this segment is NOT mandatory and the attendees can work at their own comfort level.*

*Do you have any medical conditions that the instructors need to be aware of?    Yes    No*  
*If yes, please explain:*

*Have you had any martial arts or self-defense training?    Yes    No*  
*If yes, please explain:*

*What are your expectations of the course?*

*Emergency Contacts:*  
 1. Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
 2. Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

***Waiver: I hereby acknowledge that I will be participating in a seminar which may include participation in physical activities.***

***By signing this application, I hereby release the City of Franklin, the Franklin Police Department and their employees, agents and/or designees, from any and all liability for any injuries that I may sustain as a result of my participation in this seminar.***

***Participant’s Signature: \_\_\_\_\_ Date: \_\_\_\_\_***

***IF UNDER 18 YRS. OF AGE, A PARENT or GUARDIAN SIGNATURE IS REQUIRED:***

***Parent’s Signature: \_\_\_\_\_ Date: \_\_\_\_\_***

\* Fee: **FREE**

Minimum class size: 15 students. Maximum class size: 18 students. Wear workout clothing and athletic shoes. Participants must either live or be employed in Franklin or attend Franklin High School. Students under the age of 18 must attend with a parent or guardian. Classes are filled in the order of applications received. Please mail or drop off completed application at the Franklin Police Department, 9455 W. Loomis Road, Franklin, WI 53132 or e-mail the application to [gwallace@franklinwi.gov](mailto:gwallace@franklinwi.gov). For more information call 414-425-2522.