Road to Recovery: What to Expect After a Fall

A fall can lead to unexpected hospitalization and a complex recovery journey. This educational session is designed for adults aged 65 and older, focusing on what happens after a fall, from hospital care to recovery at home or in a rehabilitation facility.



Led by Dr. Poggenburg, the session will guide participants through:

- What to expect during hospitalization following a fall
- Discharge planning and transitions of care
- Understanding insurance coverage and benefits
- Exploring options for continued care – whether at home or in a rehab setting

To support proactive planning, participants will also learn practical strategies to reduce fall risks, including reviewing vision and medications, the importance of balance and strength exercises and making home safety improvements.

Tuesday, November 10
1-2pm

Held at:
Franklin Public Library
9151 W. Loomis Road
Fadrow Room A
Franklin, WI

Registration required:
Franklin Health Department at
414-425-9101

Presented by:

Dr. Colleen Poggenburg, Care Management Medical Director and Amy Kuehni, RN Trauma Coordinator, Aurora West Allis Medical Center

Who should attend:

Adults 65+, caregivers, and anyone interested in preparing for post-fall care and recovery

Franklin WISCONSIN
HEALTH DEPARTMENT

Aurora Health Care

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