



Public Health
Prevent. Promote. Protect.

FOR IMMEDIATE RELEASE

January 5, 2022

Public Health Community Advisory

Today the Public Health Officers in Milwaukee County are issuing a public health advisory calling on community members to do their part and take urgent action to prevent additional hospitalization and deaths due to COVID-19. Your help is necessary to reduce the spread and protect our family, friends and community.

- **Vaccination is the most important prevention strategy for those currently eligible**
 - [Vaccination](#) provides protection against COVID-19 and new variants, and has been proven to be most effective at preventing hospitalization and death.
 - The current definition of vaccinated includes completion of the primary vaccination series for those eligible for vaccination (5+ years).
 - Currently the booster vaccine is recommended to provide optimal protection.
 - In the future, the definition may include both the completion of the primary vaccination series + booster.
- **Layers of Protection are recommended**
 - Masks are universally recommended to be worn indoors
 - Masks continue to provide reduced viral transmission and provide protection to the wearer and those around them.
 - While any mask provides protection, we recommend the use of a [high quality, well-fitting mask](#)
 - Additional layers of protection include physical distancing, handwashing, cleaning, and disinfection.
- **Stay home and [get tested](#) if you are sick**
 - Stay home and monitor your health until you receive your test results.
 - Most people with COVID-19 have mild illness and can recover at home without medical care. Do not leave your home, except to get tested or medical care. Do not visit work, school or public areas.
- **Isolation of positive cases is key to prevent disease transmission**
 - If a person tests positive for COVID-19, regardless of vaccination status, they should:
 - Stay home for at least five (5) days.
 - If there are no symptoms or symptoms are resolving after five (5) days, they can leave their house but should continue to wear a [high-quality, well-fitting mask](#) when around others for five (5) additional days.
 - If symptoms are not resolving after five (5) days, they should remain home in isolation until symptoms begin to resolve
 - Consistent with other communicable diseases, a person should be fever-free for twenty-four (24) hours without the use of medication.
- **Quarantine of close contacts remains a necessary and important step to control disease**
 - Persons who are boosted, or are within six (6) months of completion of primary series of Moderna or Pfizer vaccine, or completed the primary series of Johnson & Johnson vaccine within the past two (2) months) should:
 - Wear a mask when around others for ten (10) days.
 - Test on day 5, if possible.
 - If you develop symptoms, STAY HOME and get a test.

- Persons who completed the primary series for Moderna or Pfizer vaccines more than six 6 months ago, or received a Johnson & Johnson vaccine more than two (2) months ago, or are unvaccinated should:
 - Stay home for five (5) days. After that, continue to wear a mask when around others for five (5) additional days.
 - Test on day 5, if possible.
 - If you develop symptoms, STAY HOME and get a test.

UPDATED QUARANTINE & ISOLATION GUIDANCE:

If a person tests **POSITIVE** for COVID-19, regardless of vaccination status (Isolate):

<p>01</p> <ul style="list-style-type: none"> • Stay home for five days. • If there are no symptoms or symptoms are resolving after 5 days, you can leave your house. <p><small>*If symptoms are not resolving after five (5) days, remain home until symptoms begin to resolve and fever-free for 24- hours.</small></p>	<p>02</p> <p>Continue to wear a high-quality, well-fitting mask around others for 5 additional days.</p>
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If a person was **EXPOSED** to someone with COVID-19 (Quarantine):

<p>If they meet one of the following criteria:</p> <p>(1) Have been boosted.</p> <p>(2) Completed primary series of Pfizer or Moderna within the <u>last 6 months</u>.</p> <p>(3) Completed primary series of J&J within the <u>last 2 months</u>.</p>	<p>If they meet one of the following criteria:</p> <p>(1) Completed primary series of Pfizer or Moderna <u>over 6 months ago</u> & are not boosted.</p> <p>(2) Completed primary series of J&J <u>over 2 months ago</u>.</p> <p>(3) Are unvaccinated.</p>
<ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test on day 5, if possible. <p><small>If you develop symptoms, get a test and stay home.</small></p>	<ul style="list-style-type: none"> • Stay home for 5 days - continue to wear a mask around others for an additional 5 days. • Test on day 5, if possible. <p><small>If you develop symptoms, get a test and stay home.</small></p>

Updated: December 29, 2021

[Select Here for a PDF Version of the Updated Quarantine & Isolation Guidance Chart](#)

For additional information, [visit CDC's updated Quarantine and Isolation website](#).

For information on where to receive vaccination, visit [Vaccine.gov](#).

For information on where to receive testing, visit [HealthyMKE](#).